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Lakes 8 Conference teams tackling cancer together

(Submitted by Lakes 8 Football conference)

Our Lakes 8 football teams will be "Tackling Cancer Together" on Friday, October 1. The varsity teams will be wearing jerseys sponsored by community members to honor a cancer victim or survivor. Each sponsored jersey will be worn by a football player during the game and will be yours to keep afterwards. Home teams will be purple with white lettering and away teams will be white with purple letters.

The cost of a game-worn, sponsored jersey is \$75. A sample jersey can be seen at Perfect Prints, 4845 Airline Road.

One-half of the proceeds will go to the American Cancer Society, and the other half will be donated as decided by each school.

This is tax deductible.

Checks should be payable to Fruitport football club.

Orders and payment should be made by September 1, 2010 at either Perfect Prints or any Fruitport school office. •



Participants in the Fruitport Youth Club marched to promote youth sports in our area. (Photo by Perry Burns.)



The Fruitport Soccer Club was one of the largest groups in the parade. (Photo by Perry Burns.)

WIC helps Muskegon County families

(Submitted by Public Health – Muskegon County)

As food costs, job losses and other economic hardships mount, families are relying on the Muskegon County Women, Infants and Children (WIC) supplemental food program to help meet daily needs. The free program helps pregnant women, new mothers, infants and young children up to age five eat well and stay healthy by providing healthy foods, nutrition education, and referrals for health and social services.

"It's a wonderful program. It helps my family out a lot by saving us money and providing nutritious food," said Ashley Nousain.

"Our caseload in January 2009 was around 7,200 participants, and we closed out in January 2010 by providing food to over 7,600 Muskegon County residents," stated Laurel Sproul, maternal and child health supervisor at Public Health-Muskegon County. Across the state, Michigan WIC serves over 200,000 moms and babies each month.

Monthly foods a family may receive from WIC include fresh fruits and vegetables, whole grain breads, breakfast cereals, milk, cheese, eggs, juice, baby foods and infant formula, although breastfeeding is highly encouraged and supported. WIC foods are worth \$30 to \$112 or more per month for each participant.

"The foods we offer participants were just revamped in an effort to meet more advanced nutritional guidelines. WIC food packages now provide lower fat, higher fiber, less sugar, and more variety. Breastfeeding women and infants receive additional or increased quantities of food," continued Sproul.

In order for pregnant women, new mothers, infants and young children up to age five to qualify for WIC, the family must meet income guidelines at 185 percent of poverty level. That means a family of four qualifies by earning \$40,793 or less a year. Individuals on Medicaid or families who receive food stamps automatically qualify.

The WIC Program is a federally funded nutrition program of the United States Department of Agriculture and an equal opportunity provider. To see if you qualify for WIC, call (231) 724-1391. For more information, visit www.muskegonhealth.net. •

Sports camps at Maranatha

(Submitted by Maranatha Bible and Missionary Conference)

Maranatha Bible and Missionary Conference, 4759 Lake Harbor Road in Muskegon is offering several summer sports camps for kids ages seven to 16. Pre-registration is required, along with a non-refundable \$25 registration fee. The fee includes a shirt, a sports New Testament, and a certificate.

For those not registered at least seven days in advance, the fee is \$35. You may register online at www.vacationwithpurpose.org or by calling 798-2161 or 798-2152.

Camps and dates include:

July 26 to 30	Volleyball camp
July 26 to 30	Football camp
August 2 to 6	Basketball camp •

Summer concerts at Maranatha

(Submitted by Maranatha Bible and Missionary Conference)

Maranatha Bible and Missionary Conference, 4759 Lake Harbor Road in Muskegon, presents summer concerts every Saturday evening at 7 p.m. No admission is charged; however, a free will offering is accepted.

Concert features:

July 24	Robert & Pam Adams & Paul Satre
July 31	Huntley Brown
August 7	The Rick Webb Family
August 14	Keith Longbotham
August 21	D.C. Washington & Scott Griffin
August 28	Dave Boyer

A special Friday, September 3 (Labor Day Weekend) concert features Richard Allen Farmer.

For more information, visit www.vacationwithpurpose.org or call 798-2151 or 798-2152. •



The Muskegon Right to Life group was well represented in the OFD Memorial Day parade. (Photo by Perry Burns.)

Worship on the Waterfront events

By Mary Weimer

For over 60 years, guests have performed at Waterfront Stadium in Grand Haven, sponsored by the First Reformed Church of Grand Haven.

All concerts are held on Sunday evenings from 7:30 to 8:45 p.m. The event is held, rain or shine, and is cancelled only in the case of extreme weather. On rainy evenings, the concert will be held at the church, 301 Washington Avenue.

The 2010 schedule features:

July 25	Avalon
August 1	Matt Mahar
August 8	Singing Crusaders
August 15	Caraway Puppet Celebration
August 22	Peder Eide
August 29	Chris Hansen and the Horns of Power with Marcia Kloote

No admission is charged, however a free will offering is accepted. For more information, visit the website: www.worshiponthewaterfront.org. •



"Peaches" the "copy cat" disappeared Saturday evening (7/10/10) from Copies & More, 420 N 3rd in Fruitport Village. We let her out, like we do occasionally, since she likes to explore the back yard. She will usually be at the back door or close to the front door so she can come back in, but she never came when called and she wasn't around on Sunday. She is declawed on her front paws and is mostly light yellow and is wearing a flea collar. If you have seen her or know her whereabouts, please call (231) 865-6370. Thanks!