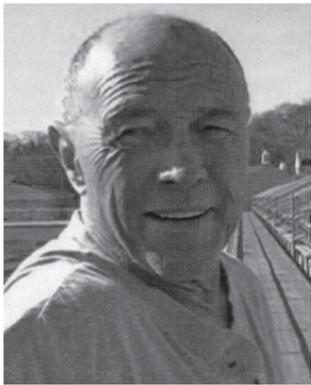


## Senior Olympian sprints on

By Mary Weimer

Jimmy O'Hearn is a five-time defending gold medal winner in the Senior Olympics. At age 72, he is a personal and athletic trainer who is a prostate cancer survivor and motivational speaker. He specializes in senior fitness and fitness for those who are physically and mentally challenged.



Once again, "Jimmy O" as he is known, is working with the American Cancer

Society to raise awareness against cancer. "For me it is not just about competing and winning gold medals, it is about life and hope for all who have survived cancer. Perhaps one day, together, we will make a difference."



Jimmy has qualified for the national competition every year since 2004. He will also compete in the Senior Olympics in July of this year in Rochester, Michigan and the Senior Games to be held in Grand Haven in August. He will be competing in the 100 meter, 200 meter, and 400 meter dashes, long jump, high jump, tennis and racquetball.

He is currently seeking sponsors for his events this summer.

For more information, contact Jimmy O at (231) 750-5643 or email [Spring444@hotmail.com](mailto:Spring444@hotmail.com).

## Trav's Rockin' Heroes

(Submitted by Jodi Spencer)

Cancer has touched many of our lives in some form or another — a loved one, a friend, a friend of a loved one. One thing most of us have not had firsthand experience with is teen cancer. Being a teen is hard enough, but when you add cancer to the equation, it is so much harder. You have long hospital stays and are away from your friends for long periods of time while you are hospitalized; spend long days in the chemo clinic when you are not. When your looks change, it is even harder yet: Losing your hair, gaining weight, and/or bloating from the medications. It makes you feel like you are no longer yourself. I know all of this firsthand. My son, Travis Lind, had leukemia. He was diagnosed June 3, 2003, and lost the battle on December 16, 2005.

The Fruitport class of 2006 lost two boys their senior year to cancer. One was my son Travis; the other boy lost his battle to a brain tumor.

I am in the process of starting a non-profit in "Trav's" memory. I know that without his music his long hospital stays and clinic visits would have been unbearable. My goal is to make sure every teen in West Michigan who has cancer has music resources available in the form of an iPod, music cards, instruments, or even bands to visit them when possible. These are things I was able to do for Travis, but I was one of the fortunate parents with the resources and a great support system when my child was sick. Not all parents are that lucky. The goal of Trav's Rockin' Heroes is to make sure these teens get the music that will help them through this horrible period in their lives.

Your tax-deductible donation will go a long way to help us get the project started and will help these teenagers through their battle with cancer.

The website is [travsrockingheros@comcast.net](mailto:travsrockingheros@comcast.net).

## CRC Conference Grounds' summer concerts

(Submitted by Christian Reformed Church Conference Grounds)

The Christian Reformed Conference Grounds, 12253 Lakeshore Drive in Grand Haven announce their summer concert series performers. Concerts are held on Saturday evenings beginning at 7 p.m. with a free will offering accepted.

The first concert will be held on Memorial Day, Monday, May 31 with Voices of Victory.

Saturday concerts are as follows:

June 12	The Singing Crusaders
June 26	The Heralders
July 3	Down Home
July 10	The Allens
July 17	The Dixie Echoes
July 24	Tribute Quartet
July 31	The Ball Brothers
August 7	Heritage Singing Men and The Hope Heralds
August 14	The Beene Family
August 21	The Matthews Brothers
August 28	Marilyn DeMann, Judy Bouma & The Staffmen Quartet

Monday, September 6, the Labor Day weekend concert will be "Beyond the Sunset" by Don and Fran Van Polen.

For more information, visit the website [ministry@crcg.org](http://ministry@crcg.org) or call (616) 842-4478.

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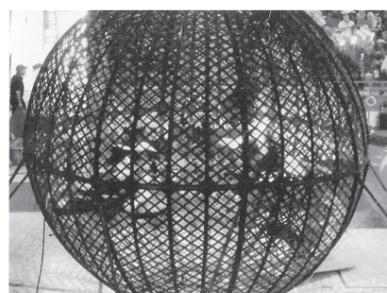
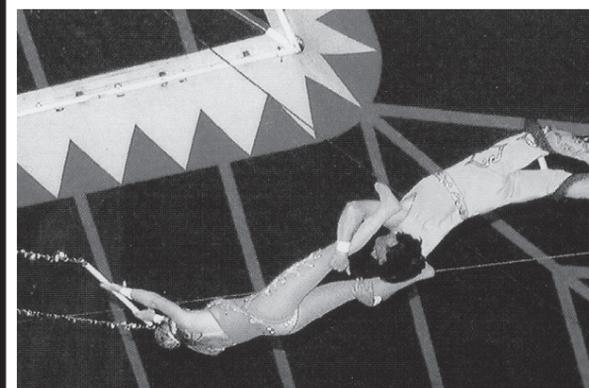
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Sun May 30, 2:00, 4:00, 6:00pm

Mon May 31, after the parade & 5:00pm