

Norton author and local artist publish new children's book
By FAN staff

Fruitport artist Bruce DeVries and Norton Shores author Jerry Lee have teamed up again to self-publish their second children's book. *Gretchen and the Crazy Waves* was released in September.

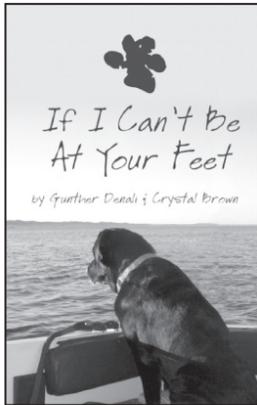
The book's story takes place on a warm summer day. Gretchen sets out to spend a fun afternoon at the beach with her mother and little sister, only to discover that the waves have a different idea of "fun." The 32-page picture book is filled with detailed illustrations and written to entertain not only children, but adults as well. The book is intended for children ages two to six years of age, and comes autographed by both the author and the illustrator.

The book is available on the author's blog at <http://authorjerrylee.blogspot.com>. You may also contact the author directly by e-mailing gerald_lee@frontier.com, and he'll be happy to answer any questions about the book or self-publishing.

Local author releases new inspirational book

By Crystal Frakes Brown

Life is short as we all know. Even Gunther Denali, a black Labrador Retriever, realized this and inspired his "human mom" to write a book from his perspective to highlight our "soul" purpose in life. In *If I Can't Be At Your Feet*, Gunther shows us how to make each moment count because tomorrow is promised to no one. Through his comical and exciting adventures — including fishing for salmon on Lake Michigan, going to a Jimmy Buffet concert, playing on beaches in Ludington, and getting into the refrigerator any time he is hungry — Gunther highlights the moments that really matter.



Crystal Frakes Brown (Gunther's "human mom" and co-author) gladly took on the job of putting Gunther's thoughts to paper, typing the manuscripts, and making phone calls in the publishing process to get his story published. *If I Can't Be At Your Feet* is now available for purchase through various West Michigan locations including Copies and More, Orchard Market and the Fruitport Animal Hospital in Fruitport; Just Dogs Gourmet in Grand Haven and Saugatuck; Must Love Dogs in Grand Haven; Schuler books in three Grand Rapids locations; and Old Boys' Brewhouse in Spring Lake. The book is also available online at www.bookstore.iUniverse.com.

Crystal Frakes Brown established her love for four-legged friends while growing up in Rockport, Indiana. She currently lives with her husband, two sons, a baby on the way, and a yellow Labrador Retriever in Fruitport, Michigan, where a yellow smiley-faced water tower welcomes all. Please follow her on Facebook at [Facebook.com/crystalfrakesbrown](https://www.facebook.com/crystalfrakesbrown).

Baker College names honors students for summer

(Submitted by Baker College of Muskegon)

Two area residents, Jessica Woodward of Fruitport and Nathaniel Tripp of Nunica, were named to the President's List for the summer semester at Baker College. Both had a 4.0 GPA.

The Dean's List includes Fruitport residents Alex Baldwin, Anndrea Denhof, Gabrielle Deters, Paige Dolphin, Kristine Harvey, Amanda Haverstock, Danielle Herrygers, Rachel Hoffman, Jason Hoyt, Yvonne Mckessy, Michelle Ponce, Tate Reminder, Donna Schucker, April Stewart, Alex Sugarbaker, Heidi Tice and Steven Visscher.

Nunica honors students include Tanya Brady, Levi Deters, Leann Gould, Jesica Hazen, Steve Huizenga, Sara Leonard, Diana Mapes and Brandi Scott.

Enrichment Opportunities Beginning January 2012

If you are interested in any of these classes please contact Jeanne Smith by email jmsmith@fruitportschools.net, at (231) 865-4045, or return a registration form available at www.fruitportschools.net/edgewood.

We would like to offer a Zumba class. If you know of a certified instructor, please contact Jeanne at the email address or number above.

Aerobics

This class incorporates basic step aerobic moves, floor work, weights, and toning with music. Participants should wear comfortable clothing and tennis shoes and bring a water bottle and mat or towel for floor work. Steps ARE provided by Fruitport Community Schools.

Location: Edgewood Cafeteria Instructor: Amy Upham (non-certified instructor)
Days: Monday and Wednesday Time: 6:30—7:45 PM.
Dates: January 9, 11, 16, 18, 23, 25, 30 and February 1, 6, 8, 13, 15



Hoop Fit

Hoop Fit class isn't your ordinary Hula Hoop experience! Come learn how to use custom-designed and fitted hoops to tone your body and develop your core muscles. This class is appropriate for ANY age! A certified hoop instructor leads participants through fun routines with energetic music. You work more than just your waist—it's a total body experience. For more information about Hooping visit our Facebook page: Hoop Happy Hoop Healthy LLC.

Location: Edgewood Elementary Cafeteria
Days: Tuesday Time: 6:15—7:00 PM (45 minute class)
Dates: Session 1-January 10, 17, 24, 31 and February 7
Session 2-February 21, 28, and March 6, 13, 20
Cost: \$45 per five-week session Hoop Happy Hoops are required for this class. Hoops can be fitted and purchased at first class. Cost of hoop is \$45.
A minimum of 7 participants is required for the class to run.

Integrative Hatha Yoga

Designed to inspire beginners, modifications are taught so seasoned practitioners and newer students alike can enjoy learning the importance of staying in the moment and exploring yoga from the inside out.



Location: Fruitport Middle School Media Center
Instructor: Warren Mosley/Barb Badolati (Certified Yoga instructor/Muskegon Yoga Center)
Days: Monday and/or Thursday Time: 4:30—5:30 PM (60 minute class)
Dates: January 9, 12, 16, 19, 23, 26, 30 and February. 2, 6, 9, 13, 16
Missed classes for this session can be made up at Muskegon Yoga Center until March 25th
Cost: One session per week - \$54 Two sessions per week - \$96
A minimum of 8 students is required to run the class. Maximum class size is 18.
****Sign up by January 5, 2012, to receive a Free Class Pass at the Muskegon Yoga Center****

Facebook for Parents: Do you know who your children are talking to?

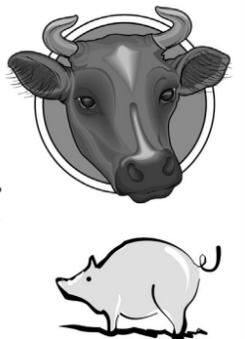
Technology Director, Jeff Grossenbacher, will be hosting a free parent night for FCS families about Facebook. Parents will learn:

- How to check their child's Facebook account
- How to monitor their child's "friends"
- How to set privacy settings
- Dangers of Social Networks

Date: Thursday January 19, 6:30—7:30 PM Fruitport Middle School Auditorium
Sign Up is required by Monday, January 16



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