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#### **Baby Items Drop Off**

First Congregational Church of Fruitport is a baby items drop off site for Muskegon Pregnancy Services.

If you have items that you would like to donate, you can drop them off by the side door, under the roof, at 3212 Pontaluna Road, Fruitport.

If you have any questions, please call (231) 288-9873.

#### May is Stroke Awareness Month

from Aegin Place Newsletter

Due to the medical complications after stroke, many patients are functionally disabled when they are discharged from acute care. Functional recovery is based on the relearning of lost functions. Understanding and identifying predictors of good rehabilitation outcomes are essential in the recovery phase after an acute stroke event.

A safe discharge home after a stroke almost always requires caregiver support. A caregiver can be a family member, friend or hired agency. Discharging home without proper care can lead to re-hospitalizations and should be avoided if possible.

Aegin Place is able to assist with ADL's and IADL's as well as following PT plans left by your skilled team to help with recovery.

If you are caring for an older adult after experiencing a stroke and you could use a little respite care, please contact Aegin Place at 231.375.5356.

#### **Returnable cans & bottles**

First Congregational Church youth group activity fund could use your deposit cans and bottles. You can drop them off at the church (3212 Pontaluna Rd.) if you would like or you can call 231-288-9873, leave your phone number and address, and someone will pick them up.

# Local Businesses Offer Recycling Services

By Kate and Calvin Holtrop

Have you ever had to replace a high-tech lithium-ion battery for a computer or a cell phone? Have you replaced compact fluorescent light bulbs with newer LED bulbs, or put in a new gas-filled fluorescent tube? Many of us have faced these situations and may have found ourselves confronted with the question: what do we do with the old battery or bulb?

Now that there are so many laws about hightech items due to environmental concerns, we can't just throw old batteries and bulbs in the trash like we used to. The good news is that there are businesses in the Muskegon area that will recycle batteries and light bulbs, as well as cell phones, computers, TVs, and other electronics and equipment. Here are a few places you might check with for recycling help:

check with for recycling help: • Staples, 1773 E. Sherman Blvd.; web: *www. staples.com*, and under the main Services menu choose Sustainability Services, then "Recycling" to see more electronics and battery recycling information

• Best Buy, 5425 Harvey St.; web: *www.bestbuy. com*, look under the Services menu for "Haul Away & Recycling"

& Recycling" • Goodwill, 1934 E. Sherman Blvd.; web: www. goodwillwm.org, and hover over the Recycle/Reuse menu to find "Electronics Recycling"

• Batteries + Bulbs, 5839 Harvey St.; web: www.batteriesplus.com/t/recycling

• Beacon Recycling, 1241 E. Keating Ave.; web: www.beaconrecycling.com

PADNOS Shoreline Recycling Services,

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3593 E. Pontaluna Rd. Fruitport, MI 49415 231-865-6151 259 Ottawa St.; web: click on their logo around Muskegon on their webpage's map at *padnos.com/ contact/locations* 

• Check with Muskegon county online for more information, including other facilities: www.co.muskegon.mi.us/534/Sustainability, and www.co.muskegon.mi.us/1336/Muskegon-County-Recycling-Drop-Off-Facil

In addition, Muskegon County hosts a biannual Hazardous Waste Recycling event in April and in October at the City of Muskegon DPW. Sadly, this year's April event was cancelled due to COVID-19, but the next event is scheduled for October 16. A program for Household Hazardous Waste recycling is held every 2nd and 4th Friday from May through October. Find more information here: www.co.muskegon.mi.us/777/Saturday-Hazardous-Waste-Events

Be sure to check business' websites, or call them, to find out more specific information about what they recycle, and if they charge recycling fees for certain things. Not all businesses that offer recycling services will be open to taking materials from the public during the pandemic, so contact them before just showing up with an armload of high-tech recyclables.

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