

PRIVATE PARTIES & GROUP EVENTS

Our unique barside bowling set up is a great venue for parties and corporate events, call us for details and availability!

LIVE MUSIC EVERY WEEKEND

Stop in or visit our Facebook page to check out our schedule of events.

FULL BAR • DRAFTS • FOOD • MUSIC • BOWLING • DARTS
At the corner of Airline and Pontaluna | 231-865-3215



RUN & RIDE TO REMEMBER

Join our staff, volunteers and sponsors for a 5k run or leisure bike ride, to benefit The Leila & Cyrus Poppen House Residence, on Saturday, May 27 2023.



Old Fashioned Days
5K RUN

The 5k and bike ride will begin at Fruitport High School. The 5k race will start at 8:30 a.m., followed by the bike ride at 10:30 a.m.



This event may not be rescheduled in the event of inclement weather.

For more information, call 1.800.497.9559, email info@HarborHospiceMI.org or visit www.HarborHospiceMI.org.



Scan for more information!

Sponsored by



Fruitport Lions Club

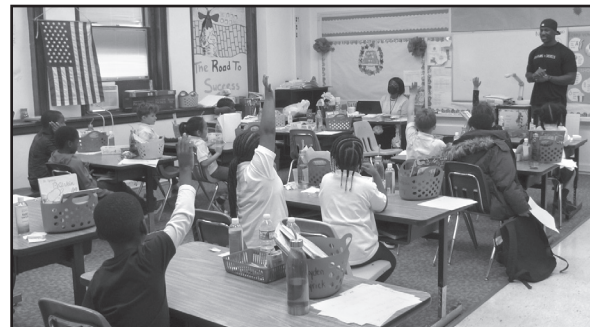


Former Navy SEAL Enriches Education at Muskegon Maritime Academy

by Kate and Calvin Holtrop

Remi Adeleke—co-founder of Muskegon Maritime Academy, actor, director, producer, and former Navy SEAL—visited MMA on November 7, 2022, to tell the children the story of his life, in the hopes of inspiring the next generation. He visited four classrooms and spoke to the academy's K-5 students.

Remi has translated SEAL principles into practical skills for civilian life, to help businesspeople, professional and collegiate athletes, and Olympians. Now he plays an instrumental part in translating these military principles in a kid-friendly way that Muskegon's young inner-city students can easily understand, so that the kids will follow his example of discipline and success to make their lives



better. "I wanted to be able to take that, and bring it to a school," said Remi, "maybe not at the same level... to help set [the MMA kids] up for success, so that whether they're struggling with something, they have this mindset, 'Hey, I'm not going to quit. Remi never quit, so I'm going to keep pushing through.'"

Having come from a tough inner-city background himself, Remi knows what difficulties Muskegon's children could face. He believes that with a strong foundation in the skills he learned as a Navy SEAL—communication, leadership, teamwork, critical thinking, and mental toughness—



these kids can overcome their troubles too. Adeleke has nicknamed Muskegon Maritime Academy, OPS Academy—Opportunity + Preparedness = Success. He envisions this type of education spreading throughout the United States, for the betterment of future generations.

Though born into a wealthy Nigerian family, Remi grew up in the Bronx, New York, after the loss of his dad and of the family fortune. He looked for a father figure in street life, but only found trouble, until he realized he needed to change the course of his life for the good of his mom, his brother, and himself. Entrance into the U.S. Navy, and then into the SEALs, gave Remi that



opportunity for change. As a SEAL, he gained skills, experience, and discipline. He took what he learned to Hollywood, where he became an authenticity consultant for TV and movies, then a film-writer, a director, a producer, and an actor. Adeleke also started a consulting business for corporations and athletes, and even co-

founded an apparel company, Kejo Wear. Remi visits prisons, schools, inner-city communities, and places where people suffer from human trafficking, teaching people through his own story how to improve their lives.

Remi hopes his Hollywood exposure will help expand recognition of the concepts of education he and Muskegon Maritime Academy co-founder Franklin Fudail are developing. Adeleke is working with Emmy-winning documentary director Nick Nanton to bring Remi's life story to the screen to inspire people. Remi's book "Transformed," is his life story in print. He is also involved in Special Forces: The Ultimate Test, a new TV show that debuted on Fox, January 2023.

In his work with the Maritime Academy, as in all he does, Remi seeks to inspire, motivate, and educate people with the knowledge and determination he learned in the SEALs. "Knowledge is power," Remi said of education. "And the more access you have to good knowledge, and good information, the more you can expand your cognitive powers, and the better you can be as a person, and the more you can help other people." He will continue to visit Muskegon Maritime Academy, keeping these goals in mind for teaching children in the Muskegon area.

Buying Locally

from the Michigan Retailers Association

Getting personal attention and customer service is just one of the many reasons that it's a good idea to shop locally when you can.

Take pride in supporting the local stores and restaurants that, in turn, are so supportive of the communities where we live, and that bring character and vibrancy to small towns and business districts all over Michigan.

"It really does matter to shop local. If you want these cool, local businesses to continue to run, you've got to support them. Every dollar counts."

In addition to generating billions of dollars in economic output and creating thousands of new jobs, shifting just one in 10 out-of-state e-commerce purchases to a local Michigan retailer also would add \$660 million into the pockets of people who work in our state. That includes people who work in retail stores that sell electronics and general merchandise, and even more people who work in non-store businesses that support those retailers.

First Congregational Church

3212 Pontaluna Road ~ Fruitport
(just across from Edgewood Elementary School)
Questions?? Directions?? Please call (231) 288-9873

- **SUB/CROISSANT SALE:** orders taken June 14, available or delivered June 16
- **ICE CREAM SOCIAL:** Saturday, July 15, 2:00 - 4:00pm
- **YARDSALE & BAKESALE:** Sat, August 12, 9:00am-2:00pm
- **Watch for Bazaar coming in November!**
- **THE LADIES** are meeting on **WEDNESDAYS** from 11-2:00 for crafts and fellowship. No experience necessary. Call Lorene (231.773.8369) or Julie (231.329.1477) with questions or if you need a ride. Ladies from other churches welcome—we are part of the same family!
- **WEDNESDAY PRAYER MEETING** —at 7:00pm, LIGHT supper at 6:00pm. This is an enthusiastic group! You are invited!
- **THURSDAY ADULT BIBLE STUDY** — 11:30am-12:30pm. (All are welcome) Bible Survey: (through the Bible, book by book)
- **SUNDAY ADULT BIBLE STUDY** — 10:00am-10:20am in the Sunday School room before the service. (All are welcome)
- **SUNDAY SERVICE & SUNDAY SCHOOL** 10:30am
- **NEED PRAYER? CALL ANYTIME TO:** 616-633-3902. Gene Holland is willing to answer his phone 24/7 and pray over the phone with people with a need! Thank you, Gene, for providing this service!

Pray for Peace in Our Country

~ Compare what you hear on CNN, MSNBC, ABC, etc. with what you hear from the Christian stations.

Fill your heart and mind with truth/goodness!
(Christian radio)

American Family Talk Radio at 91.7 FM

- "Jenna In The Morning" 8-9:00am weekdays (gives overview of current issues)
- Bishop E.W. Jackson (The Awakening) 1:00pm weekdays
- Walker Wildmon (AFA @ the CORE) 2:00-3:00pm
- Family Research Council 5:00-6:00pm
- or • Frank Gaffney (Secure Freedom) 11pm-12:00am weekdays
- or • Moody Radio at 89.3 FM & 106.9 is another, and 91.3 music, also!