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**The Village of Fruitport is Working
for You.**

Small Village. Big Park.

submitted by Amy Haack

The Village of Fruitport recently submitted a grant request to the Michigan Department of Natural Resources (MDNR) Trust Fund for walking paths, parking improvements, etc. for the new park property adjacent to the west of Pomona Park. The property was generously donated to the Village in 2018. The Village is pursuing additional funding sources for the project and when funded and constructed the property will be accessible to nature walkers through a mostly barrier-free walking path system. The path system will follow the shoreline of Spring Lake, meander through the property following the path of Maple Creek, and include several path spurs leading back to the main park. Benches, hammock stands, and interpretive signage explaining the unique history of the site are included in the project. Construction is still a way off, but much progress has been made in engineering, design, and obtaining funding.

The Village of Fruitport 5-Year Recreation Master Plan was updated during the fall and winter of 2024. The plan is required to be updated every five years to remain eligible for state of Michigan recreation grant funding. The walking path project follows the goals and objectives of the recreation master plan. The update of the recreation master plan included a public involvement process that culminated in a recreation master plan public meeting held on November 4, 2024 of which every household and business in the Village received a postcard invitation to attend. Notices of the meeting were also shared on the Village Facebook page and website.

Ding, ding! The Harbor Trolley will be back again this summer with the Pomona Park stop sponsored by the Village of Fruitport. The Lakeshore Trolley's Laker Loop beginning this year will now also make an additional stop in the Village at Norm's Ice Cream on Third Avenue. The trolley will then continue to Ferrysburg and Spring Lake. At the Holiday Inn stop in Spring Lake, riders can transfer to the Buccaneer Loop and ride into downtown Grand Haven, all the way to the Grand Haven State Park and the Grand Haven City Beach. The trolleys stop at numerous local attractions and operate from May 29 through September 1, 2025, every Thursday through Sunday from 2:00 p.m. to 10:00 p.m. Please contact Harbor Transit for fare information.

The Dancing into the Sunset live music and dance party will be making a return appearance this summer every Thursday night in Pomona Park. Please see the article in this publication written by Sue Halter, the fabulous creator and organizer of this popular event, for detailed information.

The Village of Fruitport council, staff, and planning commission continue to work on infrastructure and beautification projects as well as general maintenance, day-to-day business, and site plan review all throughout the year. We are busy serving you every day.

**People Sleep Better With Their
Spouse Than Alone**

Dr. Chauncey Crandall, M.D., writes:

A clinical study suggests adults who share their beds with a partner have less severe insomnia, less fatigue, and get more sleep time. They also report being more satisfied with their lives and relationships, as well as having lower levels of stress, depression, and anxiety.

Researchers used data from 1,007 working-age adults in Pennsylvania, and found that people who slept with an adult partner fell asleep faster, stayed asleep longer, and had less risk of sleep apnea. Those who slept in the same bed as their child had higher odds for sleep apnea, more severe insomnia, and less control over their sleep.