

Murphy Lengkeek is the 2025 MYWAY State Champion!! I'm extremely proud of his work ethic, determination, and grit. He wrestled a great tournament and brought home the gold! Thanks to all his coaches, teammates, friends, and family who supported him. What a way to close out his last MYWAY season submitted by Annie Cooper Lengkeek







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268 N. 3rd Ave. Fruitport Village Next to Word of Hope Church

Ronald R. "Ron" Zant Aug 30, 1937 - Feb 5, 2025



Ronald R.
'Ron' Zant, age
87, passed away
Wednesday,
February 5,
2025 at Trinity
Health's
Muskegon
Hospital. He
was born
August 30, 1937

in Grand Haven, MI to Frank and Agnes (Fitzpatrick) Zant and was a resident of the area his entire life. Ron was a veteran of the U.S. Navy. On February 10, 1978, he married Phyllis Y. Brown (Beadle) in Muskegon. Ron worked 38 years for Sealed Power Hi-Lift Division and retired in 1999 as supervisor of engineering. He was a member of St. Mary's in Spring Lake. He was a member of the Vikings, the Muskegon Elks, and Mona Lake Boat Club. Ron enjoyed golfing, bowling, cooking, and cocktailing at Mona Lake Boat Club with his wife. He loved spending time with his family, taking walks, hiking and trips to the casino. Ron had a great sense of humor and was known to be quite the jokester. Survivors include 8 children, Terri (Marty) Ruiter, Ronald Zant Jr, Jeff (Ann) Zant, Anthony Zant, Tammy (Doug) Lamphier, David (Sandy) Brown, Jim Brown, Julie Sweet (Brown); 21 grandchildren and 33 great grandchildren. He was preceded in death by a daughter, Shelly Becklin (Brown); his parents; brothers, Robert, Frank, Don, Jerry; and his sisters, Mary Agnes, Bonnie, and Darlene. Mass of Christian Burial will be celebrated 11:00 AM Monday, February 17, 2025 at St. Mary's Catholic Church, 406 E Savidge Street, Spring Lake, MI 49456, with Rev. Msgr. R. Louis Stasker presiding. Visitation will be held one hour prior to the Mass. In lieu of flowers, memorial contributions may be made to the American Cancer Society. Arrangements handled by The Lee Chapel of Sytsema Funeral & Cremation Services, 6291 Harvey St, Norton Shores, MI 49444. Sign the online guestbook at http://www.sytsemafh.com

Published by Muskegon Chronicle from Feb. 8 to Feb. 11, 2025

Terrance Wescott 1954 - 2025



Terrance Wayne Wescott, age70, of Fruitport, MI, peacefully passed away at home surrounded by his family on March 16, 2025. Terry was born on October 28, 1954, to Donald and Patricia (Murphy) Wescott. Terry was a lifelong

resident of Fruitport, MI. He graduated from Fruitport High School and went on to work for Kaydon Corp for many years until he retired in 2020. Terry was a 2014 Hall of Fame inductee for Fruitport Football. Terry had a passion for sports; he coached football and baseball for many years and loved watching the Michigan Wolverines, but the moments he most cherished were watching his grandchildren play their own sports. In the summer of 1993, Terry married the love of his life, Pam, and became a father to her four sons

Terry is survived by his wife, Pam Wescott; their four children: Joe (Angie) Lockhart, Gordy Lockhart, Scott (Nikki) Wescott, and Brian (Courtney) Wescott; tengrandchildren: Madison, Bailey, Zandir, Gavin, Morgan, Landin, Maisin, MaKinley, JT, and Chloe; brother, Pat (Paulette) Wescott; sisters: Regan (Ken) Robbins, Kay (Bob) Bowen, Beth Wescott (Marc Senecal), Amy (Jeff) Rudquist, and Ann (Mike) Singleton; and many nieces and nephews. Terry was preceded in death by his parents: Donald and Patricia Wescott, and nephew, Eric Wescott.

A Memorial Service will be held for Terry at 12:00 PM on Tuesday, March 25, 2025, at Living Life Church, 2175 Marquette Ave, Muskegon, MI, 49442, with visitation taking place an hour prior. In lieu of flowers, memorial contributions may be made to the American Cancer Society. Arrangements entrusted to the Lee Chapel of Sytsema Funeral & Cremation Services, 6291 Harvey St, Norton Shores, MI, 49444.

Published by Muskegon Chronicle from Mar. 17 to Mar. 18, 2025.

march of dimes !

Five Tips For a Healthier Baby

The March of Dimes recommends that all pregnant women follow these five key steps:

- 1. Get early and regular pre-natal care. It reduces your risk of having a low birthweight
- baby.2. Eat nutritious foods. Make sure that you and your baby get all the protein and nutrients you
- need through a varied diet.

 3. Don't smoke! Women who smoke increase their chances of having a miscarriage or a low birthweight baby.
- **4. Don't take drugs.** Taking drugs, except those approved by a doctor who knows you're pregnant, can cause severe disabilities or even result in the death of your baby.
- 5. Don't drink. Hard liquor, wine and beer can all cause birth defects.

For current information about our programs and services, March of Dimes news, and important health information, visit us online anytime at marchofdimes.com

